

## **Free Infant and Early Childhood Training through MiRegistry!**

All trainings are through Zoom. Trainings focus on work with 0-3 year old children in a variety of settings such as early care and education and home visiting. Those working with older children are invited to attend. Throughout this series, there will be a focus on: *Reflection, Self-Awareness, Emotional Response, Cultural Humility and Caregiver Engagement*

### **Social and Emotional Development**

**By: Karen Anthony, MA, LPC, IECMH-E®**

**April 8, 2021 6:30-8:30 PM**

**MI-AIMH Staff Host- Danielle Rice**

“Strong, positive relationships help children develop trust, empathy, compassion and a sense of right and wrong. Starting from birth, babies learn who they are by how they are treated. Loving relationships provide young children with a sense of comfort, safety and confidence. They teach young children how to form friendships, communicate emotions and deal with challenges.” Zero to Three As we discuss young children’s development this session will:

- Define Healthy Social and Emotional Development
- Explore temperament and how it influences social-emotional development
- Identify the adult’s essential role in supporting infant-child social and emotional health

### **Healing-Centered Community: Strategies to Support Ourselves and Each Other**

**By: Jennifer Champagne, Ph.D. IECMH-E®**

**April 14, 2021 6:30-8:30 PM Via Zoom**

**MI-AIMH Staff Host- Kandice Moss**

During this interactive virtual session, we will identify and discuss a trauma-informed approach to working with very young children and their families during the pandemic. We will focus on strategies and practices to manage our own stress and nurture a community culture of caring for each other during these uncertain times.

### **Children, COVID, Grief and Loss**

**By: Karen Anthony, MA, LPC, IECMH-E®**

**April 22, 2021 6:30-8:30 PM Via Zoom**

**MI-AIMH Staff Host- Danielle Rice**

Loss can be defined as a universal experience of change. We typically think of loss in terms of the finality of death. However, there are many experiences of loss in a lifetime. Everything that involves change involves loss — such as the change in normalcy or in children’s daily routine as a result of COVID-19. As we explore what loss looks like in young children we will:

- Define Grief and Loss
- Discover the stages of grief and loss and what they might look like in young children
- Explore our own grief and loss experiences
- Learn how we, as adults, can react and supporting children through grief

## **An Introduction to Neurodevelopmental Trauma in a 0-3 Population**

**By: Stephanie Grant, PhD, LPC, IMH-E®**

**MI-AIMH Staff Kandice Moss**

**April 28, 2021 6:30-8:30 PM Via Zoom**

In this training, Dr. Stephanie Grant will provide an overview of what trauma is and how it occurs with an emphasis on the 0-3 population. Information related to neurodevelopment and the stress response system will be highlighted.

## **Observation**

**May 3, 2021 6:30-8:30 PM Via Zoom**

**MI-AIMH Staff- Kandice Moss**

This workshop will provide an overview on Observation- what it is, why it's important and how we do it! Attendees are encouraged to consider how to integrate observation more into their classroom or home visits.

## **Stress and the Growing Brain**

**By Jennifer Champagne, Ph.D. IECMH-E®**

**May 12, 2021 6:30-8:30 PM Via Zoom**

**MI-AIMH Staff- Kandice Moss**

During this interactive virtual session, we will explore factors that influence brain development, the impact of stress on the growing brain, and 5 strategies for supporting healthy development. This session is based on modules from Zero to Three's Growing Brain Curriculum and will be facilitated by a certified Growing Brain trainer.

## **Exploring the stages of Pregnancy through a Social Emotional Lens**

**By: Chy'Leetzia Johnson, LPC, IMH-E® (IMH-Mentor) and Kristina Figaro, LMSW, IMH-E® (IMH-Mentor)**

**May 19, 2021 6:30-8:30 PM Via Zoom**

**MI-AIMH Staff- Danielle Rice**

This virtual workshop will offer home visitors and infant and early childhood classroom educators an opportunity to consider the impact of pregnancy with the children and families they work with. Together we will explore typical stages of development during pregnancy. This workshop will be interactive as we consider how this information is important to our work with infants and toddlers.

## **Using the ASQ-SE2 to Support Healthy Social and Emotional Development**

**By: Karen Anthony, MA, LPC, IECMH-E®**

**May 20, 2021 6:30-8:30 PM Via Zoom**

**MI-AIMH Staff- Danielle Rice**

A child's health social-emotional development forms a foundation for lifelong learning. ASQ:SE-2 is a set of questionnaires about behavior and social-emotional development in young children. There are nine questionnaires for different ages to screen children from 1 month to 6 years old. This training, specifically for early childhood professionals, focuses on implementing the ASQ:SE-2 with review on:

- Increased family involvement in the ASQ:SE-2TM process
- Early and accurate identification of potential delays
- Prevention and Intervention for young children at-risk for delays
- Promotion of school readiness

### **Exploring Infant Attachment and Its Relevance to Infant Mental Health**

**By: Stephanie Grant, PhD, LPC, IMH-E®**

**MI-AIMH Staff Kandice Moss**

**June 2, 2021 6:30-8:30 PM Via Zoom**

In this training, Dr. Stephanie Grant will provide an overview of attachment from a biopsychosocial perspective. Material will be presented on the various attachment types as well as issues related to attachment organization and disorganization. Diagnostic relevance will be explored with a focus on the DC: 0-5 and strategies to support the development of secure attachment will be introduced briefly.

### **Supporting Social Emotional Wellness in Pregnant Women and their Families**

**By: Kristina Figaro, LMSW, IMH-E® (IMH-Mentor) and Yemisi Odetoyinbo, LLMSW, CD(DONA)**

**June 7, 2021 6:30-8:30 PM Via Zoom**

**MI-AIMH Staff Danielle Rice**

Whether virtual or in person, infant and early childhood professionals come into contact with pregnant woman in a variety of ways. This workshop will explore how classroom educators, home visitors, and other helping professionals, can emotionally support pregnant women, even when the time together is limited. This type of caregiver support during pregnancy, can enhance the social-emotional wellbeing of all children in the home which is why it is a key workshop for any professional serving 0-3 year olds.

### **Embracing Diversity**

**By: Jennifer Champagne, Ph.D. IECMH-E®**

**June 9, 2021 6:30-8:30 PM Via Zoom**

**MI-AIMH Staff Kandice Moss**

During this interactive virtual session, we will explore the impact of culture on relationships with infants, toddlers, families, and co-workers. We will look at ways to develop understanding of our own individual perspectives and consider how to recognize, honor, and support perspectives and beliefs that may be different than our own.

### **Strengthening Connections: Relationship-Based Strategies in the Early Care and Education Setting**

**Danielle Rice, LMSW, MSA, IMH-E®**

**June 22, 2021 6:30-8:30 PM**

**MI-AIMH Staff Kandice Moss**

Training Description: An exploration of infant mental health and factors that influence it, and the role that early care and education professionals play in facilitating early social and emotional development through relationship-based practices.

### **Supporting the First Few Weeks of Early Parenthood**

**By: Chy'Leetzia Johnson, LPC, IMH-E® (IMH-Mentor) and Melissa Klein, RN BSN**  
**July 8, 2021 6:30-8:30 PM Via Zoom**

**MI-AIMH Staff Danielle Rice**

This workshop will explore how infant and early childhood educators, home visitors, and other professionals, can support a family in the weeks following the birth of a new baby. This workshop will also explore red-flags to look out for related to Post-Partum Depression/Anxiety and next steps to take if you are concerned. Lastly this workshop will explore the social emotional stages that different members of the family go through during the weeks after a baby is born.

### **Cultural Humility**

**By: Dr. Kim Diamond-Berry**

**July 14, 2021 Wednesday**

**MI-AIMH Staff Danielle Rice**

### **Using Dance and Movement to Encourage Caregiver- Child Connection and Social Emotional Wellness**

**By: Kandice Moss, IMH-E®**

**July 19, 2021 6:30-8:30 PM Via Zoom**

**MI-AIMH Staff Joni Zieldorff**

This workshop aims to give educators and other infant and early childhood professionals, the tools to use dance and movement as a way of connecting to children in the classroom and in the home.