Endorsement® Exam Prep Resource List

This guide is intended to be used by all examinees, including Infant Mental Health Specialists and Infant Mental Health Mentors (Clinical, Policy & Research/Faculty). You will notice that many of the resources on this guide are books. Most of the books will cover multiple knowledge/skill areas found within the Theoretical Foundations, Direct Service Skills and Reflection domains, and some of the books will have overlapping content. Resultantly, we do not intend for you to read every resource listed here. As the exam is based on the Competency Guidelines®, that will be an incredibly important resource in your exam preparation. We encourage you to incorporate the feedback you receive from the application reviewers with your own self-reflection regarding the experiences you have that indicate areas of strength and gaps, specific to the knowledge/skill areas found within the Competency Guidelines®. You will want to focus first on your “gap” areas (i.e. you have less experience regarding the knowledge and skill area of pregnancy/early parenthood so you will want to read the resources below that are specific to that area). Additionally, we encourage you to speak with your provider of reflective supervision/consultation around your professional experiences, areas of strength and growth, in addition to discussing your capacity for reflection. **This resource list should be used in conjunction with the document What to Know About the Endorsement® Exam.**

Aces too High website: [https://acestoohigh.com](https://acestoohigh.com)


Center on the Developing Child website: [https://developingchild.harvard.edu](https://developingchild.harvard.edu)


Michigan Association for Infant Mental Health (2010). *Promoting positive relationships between parents and young children when there are two homes*. Southgate, MI: Author.


**Direct Service**


Reflection


Infant Mental Health Mentor – Policy


Georgetown University Center for Child and Human Development. National Technical Assistance Center for Child and Human Development Resources
https://gucchdtacenter.georgetown.edu/resources/index.html

Harvard University. Developing Child Reports and Working Papers
(https://developingchild.harvard.edu/resources/three-early-childhood-development-principles-improve-child-family-outcomes/)


ZERO TO THREE Policy and Advocacy website: https://www.zerotothree.org/policy-and-advocacy

Additional Study Materials

The Minnesota Association for Children’s Mental Health – Infant and Early Childhood (MACMH-IEC) Division has created a Basic Infant Mental Health Endorsement® Exam Pack. The exam packet is accessible either online (via computer, phone or tablet) or in an easily accessible app you can download on your phone or tablet.

The app includes 35 study items:
- 16 journal articles
- Links to recommended videos
- Capability to take digital notes
- Highlight content
- Share your notes with others
- Search journal articles
- Direct links for book purchase
- Competency Guidelines®
- Other study resources

How do I access it?
Step 1:
- Go here
- Or search the SharedBooks Marketplace for “Basic Endorsement Exam Pack” in your apps

Step 2:
- Create login
- Download the app
*Cost is $129.00; access to articles does not expire

If you have any questions or need support please contact Kristin Irrer, kirrer@macmh.org.