

Reflective Supervision/Consultation Resources

Atchley, T., Hall, S., Martinez, S. & Gilkerson, L. (2009). What are the phases of the reflective supervision meeting? In S.S. Heller & L. Gilkerson (Eds.). *A practical guide to reflective supervision*. (pp. 83-98). Washington, DC: Zero to Three Press.

Bernstein, V. (2002-03). Standing firm against the forces of risk: Supporting home visiting and early intervention workers through reflective supervision. *Newsletter of the Infant Mental Health Promotion Project (IMP)*, 35.

Bernstein, V. J., & Edwards, R. C. (2012). Supporting early childhood practitioners through relationship-based, reflective supervision. *National Head Start Association Dialog*, 15(3), 286-301.

Brandt, K. (2014). Transforming clinical practice through reflection work. In Brandt, K., Perry, B. D. Seligman, S. & Tronick, E. (Eds.), *Infant and early childhood mental health: Core concepts and clinical practice* (pp. 293-307). Washington, DC: American Psychiatric Publishing.

Denmark, N. & Jones Harden, B. (2012). Meeting the mental health needs of staff. In S. Janko Summers & R. Chazan-Cohen (Eds.). *Understanding early childhood mental health: A practical guide for professionals* (pp. 217-226). Baltimore: Brookes.

Eggbeer, L., Mann, T., & Seibel, N. (2007). Reflective supervision: Past, present, and future. *Zero to Three*, 28(2), 5-9.

Eggbeer, L. Shahmoon-Shanok, R. & Clark, R. (2010). Reaching toward an evidence base for reflective supervision. *Zero to Three*, 31(2), 39-50.

Emde, R. (2009). Facilitating reflective supervision in an early child development center. *Infant Mental Health Journal*, 30(6), 664-672.

Fenichel, E. (Ed.). (1992). *Learning through supervision and mentorship to support the development of infants, toddlers, and families: A source Book*. Washington, D.C.: Zero to Three.

Fonagy, P., Steele, M., Moran, G., Steele, H., & Higgitt, A. (1991). The capacity for understanding mental states: the reflective self in parent and child and its significance for security of attachment. *Infant Mental Health Journal*, 13, 201-218.

Gilkerson, L. (2004). Reflective supervision in infant/family programs: Adding clinical process to non-clinical settings. *Infant Mental Health Journal*, 25(5), 424-439.

Gilkerson, L., Hofherr, J., Steir, A., Cook, A., Arbel, A., Heffron, M.C., Sims, J.M., Jalowick, B., Bromberg, S.R., & Paul, J.J. (2012). Implementing the Fussy Baby Network® Approach, *Zero to Three*, 32(2), 59-65.

Heffron, M.C. (2005). Reflective supervision in infant, toddler, and preschool work. In K. Finello (Ed.), *The handbook of training and practice in infant and preschool mental health*, (pp. 114-136). San Francisco, CA: Jossey-Bass.

Heffron, M.C., & Murch, T. (2010). *Reflective supervision and leadership in early childhood programs*. Washington, DC: Zero to Three Press.

Heffron, M.C., Ivins, B. & Weston, D. R. (2005). Finding an authentic voice: Use of self: Essential learning processes for relationship-based work. *Infants & Young Children*, 18(4), 323-336.

Heller, S. & Gilkerson, L. (Eds.) (2009). *A practical guide to reflective supervision*. Washington, D.C.: Zero to Three.

Infant Mental Health Journal (Nov-Dec 2009). Working within the context of relationships: Multidisciplinary, relational, & reflective practice, training, & supervision. Vol. 30, No. 6.

Infant Mental Health Journal (Nov-Dec 2016). Advances in reflective supervision and consultation: Pushing boundaries and integrating new ideas into training and practice. Vol 37, No. 6.

Mann, K. Gordon, J. MacLeod, A. (2009). *Reflection and reflective practice in health professions education, advances in health science education*, 14, 595-621.

Michigan Association for Infant Mental Health (2012). Reflective supervision for infant mental health practitioners. Training DVD available at: <http://mi-aimh.org/store/reflectivesupervision/>

Michigan Association for Infant Mental Health (2015). Reflective supervision for to infant-family professionals in a variety of practice settings. Training DVD available at: <http://mi-aimh.org/store/reflective-supervision-ii-video-training-series/>

Neilsen-Gatti, S., Watson, C. & Siegel C. (2011). Step back and consider: Learning from reflective practice in infant mental health. *Young Exceptional Children*, 14(2), 32-45.
O'Rourke, P. (2011). The significance of reflective supervision for infant mental health work. *Infant Mental Health Journal*, 32(2), 165-173.

- Parlakian, R. (2001). *Look, listen, and learn: Reflective supervision and relationship-based work*. Washington, D.C.: Zero to Three.
- Saul, D. & Jones Harden, B. (2009). Nurturing the nurturer: Caring for caregivers in Head Start programs. *Head Start Bulletin*, 80, 91-93.
- Schön, D. A. (1983). *The reflective practitioner*. New York: Basic Books.
- Schön, D. A. (1987). *Educating the reflective practitioner*. San Francisco: Jossey-Bass.
- Schafer, W. (2007). Models and domains of supervision and their relationship to professional development. *Zero to Three*, 28(2), 10-16.
- Shahmoon-Shanok, R. (2010). What is reflective supervision? In S. Scott Heller and L. Gilkerson (Eds.). *A practical guide to reflective supervision*. (pp. 7-24). Washington, DC: Zero to Three.
- Shahmoon-Shanok, R. (2006). Reflective supervision for an integrated model. In G. M. Foley & J. D. Hochman (Eds.), *Mental health in early intervention: Achieving unity in principles and practice* (pp. 343-381). Baltimore: Brookes.
- Shirilla, J., & Weatherston, D. (Eds.) (2002). *Case studies in infant mental health: Risk, resiliency, and relationships*. Washington, D.C.: Zero to Three Press.
- Spilt, J.L., Koomen, H.M.Y., Thijs, J.T. & Van Der Leij, A. (2012). Supporting teachers' relationships with disruptive children: The potential of relationship-focused reflection. *Attachment and Human Development*, 14(3), 305-318.
- Steinberg, Z. & Kraemer, S. (2010). Cultivating a culture of awareness: Nurturing reflective practices in the NICU. *Zero to Three*, 31(2), 15-22.
- Tomlin, A., Strum, L., & Koch, S. (2009). Observe, listen, wonder, and respond: A preliminary exploration of reflective function skills in early care providers. *Infant Mental Health Journal*, 30(6), 634-647.
- Tomlin, A., Weatherston, D. & Pavkov, T. (2013). Critical components of reflective supervision Responses from expert supervisors from the field. *Infant Mental Health Journal*, 35(1), 70-80.
- Virmani, E. & Ontai, L. (2010). Supervision and training in child care: Does reflective supervision foster caregiver insightfulness? *Infant Mental Health Journal*, 31(1), 16-32.
- Virmani, E., Masyn, K., Thompson, R., Connors-Burrow, N., & Mansell, L. (2013). Early childhood mental health consultation: Promoting change in the quality of teacher-child interactions. *Infant Mental Health Journal*, 34(2), 156-172.

Watson, C. & Gatti, S. N. (2012). Professional development through reflective consultation in early intervention. *Infants & Young Children*, 25(2), 109-121.

Watson, C., Gatti, S. N., Cox, M. Harrison, M., & Hennes, J. (2014). Reflective supervision and its impact on early childhood intervention. *Early Childhood and Special Education, Advances in Early Education and Day Care*, 18, 1-26.

Weatherston, D. (2007) A home based infant mental health intervention: The centrality of relationship in reflective supervision. *Zero to Three*, 28(2), 23-28.

Weatherston, D., Kaplan-Estrin, M., & Goldberg, S. (2009). Strengthening and recognizing knowledge, skills, and reflective practice: The Michigan Association for Infant Mental Health Competency Guidelines and Endorsement Process. *Infant Mental Health Journal*, 30(6), 648-663.

Weston, D. (2005). Training in infant mental health: Educating the reflective practitioner. *Infants & Young Children*, 18(4), 337-348.

Weatherston, D. & Osofsky, J. (2009). Working within the context of relationships: Multidisciplinary, relational, and reflective practice, training, and supervision. *Infant Mental Health Journal*, 25, 424-439.

Weatherston, D. & Barron, C. (2009). What does a reflective supervisory relationship look like? In S. Heller & L. Gilkerson (Eds.), *A practical guide to reflective supervision*. Washington, D.C.: Zero to Three Press.

Weatherston, D., & Weigand, R. & Weigand, B. (2010). Reflective supervision: Supporting reflection as a cornerstone for competency. *Zero to Three*, 31(2), 22-30.

Weigand, R. (2007). Reflective supervision in child care: The discoveries of an accidental tourist. *Zero to Three*, 28(2), 17-22.