

2017 MI-AIMH Biennial Conference

**40<sup>th</sup>**  
anniversary

# Integrating Mindfulness & Diversity in Practice

Nurturing Authentic Relationships with Infants, Young Children & Families



**Sunday, May 7, 2017 – Tuesday, May 9, 2017**

Radisson Plaza Hotel at Kalamazoo Center, Kalamazoo, Michigan



Michigan Association for

**Infant Mental Health**

*2017 MI-AIMH Biennial Conference*

*at Radisson Plaza Hotel at Kalamazoo Center*

# President's Welcome

We welcome you to the 2017 Michigan Association for Infant Mental Health Biennial Conference. This year we have so much to celebrate! We celebrate 40 years since the creation of MI-AIMH! We can proudly reflect upon the rich history of our work in training, research, the development of tools such as the Baby Stages, Preschool Stages, and Rolling into Fatherhood wheels, collaboration, advocacy, and reflective supervision to name a few highlights. More recently, all the time and energy put forth to support the birth of the Alliance and the process of working toward Infant Mental Health an evidenced based model are achievements for which we can be proud.

The conference offers us the opportunity to take a few days to come together with others who value optimal development and building foundations for the children and families we all serve. It affords the chance to stretch both personally and professionally, to rejuvenate, and offers all those who attend a place to 'just be.' Each of us, I hope, will be intentional in creating a space for quality time to build relationships with new colleagues and interact with others as passionate as we are in order to bring hope for growth and change.

After each MI-AIMH conference that I have attended, I have been able to walk away with more tools for my toolbox. I have learned how important advocacy is through the social action events. I have been inspired by the keynote speakers, been in awe of the dedication I have heard in the plenary sessions, and appreciated some difficult dialogue in panel discussions. I always leave with a renewed spirit on the importance of this work in individual relationships.

I have appreciated the collaboration across disciplines that acknowledges the importance of physical, emotional, and behavioral health, education, and the court systems-each separately and at the points of intersection. What is exciting about the 2017 MI-AIMH conference is the focus on mindfulness and diversity within some of these aforementioned areas. We continue to focus on how trauma impacts the families we serve, as well as the importance of self-care of the professionals in this field in order to maintain the reflective capacity needed to hold the difficult realities of daily relationships.

The 2017 Conference theme is appropriate for the time that we are in. Diversity is something we always need to keep in mind to acknowledge, celebrate, and respect. Mindfulness is also a work in progress for each of us on a daily basis. I hope you enjoy and learn from the keynote speakers, that you are challenged to look at the Infant Mental Health principles with added depth, that you grow both personally and professionally, and that you build stronger relationships with each other. Each of you in attendance is vital to the continued advocacy needed for building foundations where each young child can explore and learn in their nuclear family and in the society at large.

Help me extend a shower of gratitude and appreciation to Sarah Shea and Ashley McCormick, our conference Co-Chairs, as well as Special D Events, and the entire MI-AIMH Conference Committee. This conference committee group has been thoughtful and thorough; they have heard about and addressed in this program many of the opportunities around us and challenges that each of us struggle with in our work. They have worked endless hours to cultivate this wonderful event. Thank you all for your dedication!

And thank you to each one of you in attendance to the conference! Thank you for your passion, dedication, compassion, and tenacity to support families with very young children.

Warmly,

Rosalva Osorio, LMSW, IMH-E® (III)  
MI-AIMH President

With thanks to these generous sponsors:



## There is still plenty of time to sponsor the 2017 MI-AIMH Conference!

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Cosponsorship of a conference by the Michigan Department of Education assumes the active participation of Department of Education staff in the planning and development of the agenda. The Michigan Department of Education is an equal opportunity provider. The conference facility must meet federal and state accessibility standards. Commercial products or services displayed or presented as a part of the conference are not considered endorsed by the Michigan Department of Education.

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# Congratulations to all of our Award Recipients

## Selma Fraiberg Award

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This award honors the legacy of Selma Fraiberg who pioneered relationship-based services for infants, toddlers and their families. The 2017 **Selma Fraiberg Award** is presented to **Bonnie Daligga, MA, IMH-E® (IV)**. Bonnie Daligga has been an infant mental health specialist since 1986. With an Infant Mental Health post-graduate certificate from Merrill-Palmer Institute, Wayne State University (the first such program in the US) and a master's degree in Human Development and Relationships, she has 34 years of direct service to young children and their families and has been a supervisor/developer of an array of infant-parent programs in the metro Detroit area

since 1995. Bonnie currently offers reflective supervision and/or consultation to multiple Wayne and Oakland County IMH and Early Head Start programs, to Reflective Supervision providers in the Upper Peninsula of Michigan, to a number of individuals around Michigan as well as in Dublin, Ireland, where in 2010-2012, she lived and worked providing infant mental health trainings and leading the development and embedding of IMH promotion, prevention and early intervention services at youngballymun, an ambitious urban initiative in an economically challenged region focused on improving the lives and outcomes for all the children in the area. Bonnie has returned several times to offer training and continues to provide reflective consultation via Skype to the programs in Dublin as well as previously offering training to County Tipperary IMH and early childhood service providers. Bonnie is passionate about mentoring and supporting the growing cadre of professionals who can help parents around the world to fall in love with their babies with adequate supports for their roles in nurturing the future of humanity.

## Betty Tableman Award



The **Betty Tableman Award** recognizes public actions that promote the welfare of infants and their families. The 2017 Tableman award is presented to **Katherine Rosenblum, PhD, IMH-E® (IV-C/R/F)**, and **Maria Muzik, MD, MS**.

Dr. Rosenblum is a clinical and developmental psychologist and Associate Professor of Psychiatry at the University of Michigan's Department of Psychiatry, where she directs the Women and Infants Mental Health Program and co-directs the Infant and Early Childhood Clinic. Dr. Rosenblum is also the psychologist consultant to the UM School of Law's Child Advocacy Clinic, a member of the Academy of Fellows with the national organization Zero to Three, and holds Level 4 endorsement as both a Research and Clinical Faculty Mentor with the Michigan Association for Infant Mental Health. Dr. Rosenblum is a member of the newly convened Board of Directors of the Alliance for the Advancement of Infant Mental Health®. Her research, teaching and clinical work focus on parenting, infant, and early childhood mental health. Dr. Rosenblum has published numerous peer-review articles and book chapters, and she directs a number of federally- and foundation-funded studies with a particular focus on infancy, early childhood, military/veteran families, and support for parents with mental illness. Many of the families she works with have experienced significant disruptions, including separations, trauma, and/or loss. In these contexts, her work focuses on strengthening protective factors to enhance family resilience. Over the past several years, Dr. Rosenblum has worked closely with Dr. Maria Muzik at the University of Michigan in leading

a statewide evaluation of Infant Mental Health Home Visiting, partnering with faculty from five Michigan universities, multiple community mental health service providers, infant mental health specialists, and the Michigan Department of Health and Human Services, with the goal of building a strong evidence-base for this critical mental health service.



Dr. Muzik has been faculty at the University of Michigan, Department of Psychiatry since 2006 where she conducts cutting-edge research, provides excellent clinical care to her patients, and is a highly valued educator to trainees. Dr. Muzik's background is in adult psychiatry with focus on women's mental health, and she completed medical school and a psychiatry residency at the University of Vienna in Austria before coming to Michigan for more intensive research training. While still in Austria, Dr. Muzik worked at the university-based methadone clinic for perinatal women. After years of research in Detroit at Wayne State University investigating the effects of cocaine and alcohol exposure to infant and young child development, Dr. Muzik retrained in psychiatry at the University of Michigan in Ann Arbor, and then joined the faculty.

Dr. Muzik leads as medical director a large clinical enterprise at the University of Michigan Department of Psychiatry, the Women and Infants Mental Health Program, serving hundreds of women with pregnancy or postpartum related mood difficulties and their families each year. She also leads the integrated behavioral health outreach to obstetricians and pediatricians serving perinatal women through the University. In this context, she also attends in the UM high risk OB clinic serving women with opioid use disorders and provides evidence-based medically assisted treatments. Dr. Muzik is also the perinatal consultant to primary care, MIHP, infant mental health and a mother-infant partial hospital program (Pine Rest Grand Rapids) across the state of Michigan.

Dr. Muzik's background is also in parent-child psychotherapy and developmental psychology. She completed training through the Psychoanalytic Institute in Austria, trained at the Tavistock clinic in London, UK in baby observation, and then went on to be trained as parent-infant psychotherapist through the University of Michigan and the University of San Francisco. She also is a fellow of the International Psychoanalytic Association, and has received research support through the American and International Psychoanalytic Associations. On a state level, she collaborates with community agencies across Michigan on intervention research to serve families and especially mothers with mental health conditions and their young children. Her specific research focus is the study of stress, trauma and mental illness in the context of childbearing, its influence on the developing parent-infant relationship and parenting, and how to support families to overcome adversity and build resilient relationships with their children. Most recently, she has been together with Dr. Rosenblum co-leading an evaluation study on the effectiveness of the Michigan Infant Mental Health-Home Visiting intervention.

Dr. Muzik received funding for her research through mechanisms including the National Institute of Mental Health, the Department of Health and Human Services, foundation grants including the Robert Wood Johnson and Flinn Foundation, and the Centers for Medicare and Medicaid Services Medicaid Match Program in Michigan

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## Congratulations Continue

### The Hiram E. Fitzgerald Emerging Scholar/Researcher Award



**The Hiram E. Fitzgerald Award** is given to an emerging scholar/researcher who is committed to strengthening relationships between infants, toddlers and their families and whose research is innovative and dedicated to enhancing the quality of life for infants, toddlers and families. The 2015 Fitzgerald award is presented to **Sarah Shea, PhD, LMSW, IMH-E® (IV)**. Sarah Shea is an Assistant Professor in the School of Social Work at Eastern Michigan University. She has provided infant parent psychotherapy in outpatient and home-based settings, serving families impacted by oppression, poverty, and violence. Dr. Shea's research includes a focus on the evaluation of reflective supervision and she has co-authored reflective supervision self-efficacy measures that are now being used across the country by members of the Alliance for the Advancement of Infant Mental Health. Dr. Shea has been the primary investigator for several evaluations of MI-AIMH sponsored training series and is committed to contributing to the scholarship on infant mental health training and professional development. In addition, Dr. Shea's research also includes exploratory research regarding the experiences of providing clinical services to infants and toddlers in foster care and their families, giving voice to this extremely vulnerable population and highlighting the tremendous impacts of infant mental health services.

### The Deborah J. Weatherston Promising Practitioner Award



**The Deborah J. Weatherston Promising Practitioner Award** celebrates and recognizes early career infant mental health practitioners. This award will be given to an early career infant mental health practitioner who has demonstrated a commitment to infants and toddlers and their families and whose work reflects the relationship-based tenets that serve as the foundation of MI-AIMH's competencies and practice standards. The 2017 award is presented to **Danielle Davey, MSW, LLMSW, IMH-E® (II)**. Danielle Davey graduated in 2012 from Wayne State University with her Master's in Social Work and a Graduate Certificate in Infant Mental Health.

She is a thoughtful, compassionate and skillful Infant and Early Childhood Mental Health therapist at The Guidance Center in Southgate, Michigan. Danielle has taken on leadership roles through committee work and IMH trainings. Danielle pursued her passion for work with babies and toddlers in foster care recently collaborating with Kate Rosenblum, PhD and Maria Muzik, MD from the University of Michigan. Danielle is a co-author for "Strong Beginnings," a foster parent and biological parent intervention that received a \$100,000 grant from the Michigan Health Endowment Fund.



# Integrating Mindfulness and Diversity in Practice:

Nurturing Authentic Relationships with Infants, Young Children, and Families

## 2017 MI-AIMH Biennial Conference

### Sunday, May 7

- 8
- 11:30 a.m.

Registration and Check-In
- 12:30 p.m.

President’s Welcome and Executive Director Update
- 12:45 p.m.

Selma Fraiberg Award Recipient
- 1:00 p.m.

Selma Fraiberg Colloquium

*Selma Would Never Have Called it 'Mindfulness', But That's Exactly What She Showed Us*

Speaker: Michael Trout, MA
- 2:30 p.m.

Break
- 3:00 p.m.

Concurrent Workshops A1 - A5
- 5:00 p.m.

Break
- 6:00 p.m.

President’s Reception
- 7:00 p.m.

40<sup>th</sup> Anniversary Celebratory Banquet & Betty Tableman Award Recipients

### Monday, May 8

- 7:30 a.m.

Registration and Check-In
- 8:30 a.m.

Welcome and Announcements
- 8:35 a.m.

Keynote Address

*Translating Culturally Valid Research into Evidence-Based Community Interventions: Successful Steps Along the Nappy-Haired Road*

Speaker: Marva Lewis, PhD
- 10:00 a.m.

Break
- 10:30 a.m.

Concurrent Workshops B1- B5
- 12:30 p.m.

Break
- 12:45 p.m.

Hiram Fitzgerald Award Recipient
- 1:00 p.m.

Policy Luncheon

*Disparities in Infant Mortality: Community Partnerships to Close the Gap*

Featuring: Aaron Lane-Davies, MD, FAAP
- 2:30 p.m.

Concurrent Workshops C1 – C5
- 4:30 p.m.

Break
- 4:45 p.m.

Melissa Kaplan-Estrin Student Poster Session & Next Gen Networking Event
- 7:15 p.m.

Metro Detroit Association for Infant Mental Health Presents – MI-AIMH Goes to the Movies, *Life of Pi*

### Tuesday, May 9

- 7:30 a.m.

Registration and Check-In
- 7:30 a.m.

MI-AIMH Annual Members Meeting *(MI-AIMH members only)*
- 8:30 a.m.

Welcome and Announcements
- 8:35 a.m.

The Deborah J. Weatherston Promising Practitioner Award Recipient
- 8:45 a.m.

The Gregory A. Proulx, PhD Plenary Address

*Intentional Practice for Change: Mindfulness supports Diversity, Inclusion and Equity Practice in Partnership with the Diversity-Informed Infant Mental Health Tenets*

Speaker: Kandace Thomas, MPP
- 10:15 a.m.

Break
- 10:45 a.m.

Concurrent Workshops D1 – D5
- 12:45 p.m.

Break – Lunch on your own
- 2:15 p.m.

Concurrent Workshops E1 – E5
- 4:15 p.m.

Conference Adjourns

## MI-AIMH Endorsement®

For those seeking to earn or renew the MI-AIMH Endorsement® for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health®, please be assured that attendance at all of the conference sessions will count toward the specialized in-service training requirements. The Areas of Competency listed after each workshop refers to the knowledge and/or skill areas that are covered in each program. For a more detailed description of what each competency category entails, please see the publication Competency Guidelines available for purchase at <http://mi-aimh.org/store/mi-aimh-Endorsement-competencies-20022011-revised/>.

The roman numerals listed after each workshop description refer to the type of Endorsement® that participants may have earned or may be seeking. This is meant to be a guideline; participants are not limited to particular sessions. The following Endorsements are: Infant Family Associate (I), Infant Family Specialist (II), Infant Mental Health Specialist (III), and Infant Mental Health Mentor (IV). For more detailed information about Endorsement®, please see: <http://mi-aimh.org/for-imh-professionals/endorsement/requirements/>.

## What's New at This Conference

- The Awards Banquet that typically takes place on Sunday evening will be a Celebratory Banquet instead! We will be celebrating MI-AIMH's 40th Anniversary with birthday cake, invited guests and socializing! Only one of the four MI-AIMH Awards will be given during this time. The other three awards will be given out throughout the Conference.
- There is a nominal \$25 charge for registered participants to attend the 40<sup>th</sup> Anniversary Celebratory Banquet.
- The Policy Luncheon will be open to all Conference participants. There is a nominal \$20 charge for those choosing to attend this lunch. Due to capacity, the first 225 people to register will be admitted. CEU's will be offered for attendance.
- The Melissa Kaplan-Estrin Student Poster Session and Next Gen Networking Event will be combined.
- The MI-AIMH Annual Meeting will take place on Tuesday, May 9, 2017 from 7:30 – 8:15 a.m.

## Program, Keynote Addresses and Workshop Descriptions

### Sunday, May 7

1:00 – 2:30 pm · Selma Fraiberg Colloquium

***Selma Would Never Have Called it 'Mindfulness', But That's Exactly What She Showed Us***

**Michael Trout, MA**

Is infant mental health a strategy, or a way of being with? This keynote will consider the origins of our field, which was originally fueled by a deep scientific and psychoanalytic curiosity about the nuances of infant-parent interaction, the meaning of early experience, the remarkable transferences between parental early experience and relating to the child in the present. What is most important to us, now? Are we being lead to concreteness, and to manualized interventions that might more easily qualify as evidence-based, and which can be carried out by more affordable workers? What would Selma (and Edna, and Bill, and Vivian) say? She taught us mindfulness without ever using the then-unknown word. She taught us the bliss of modesty and not-knowing, of attunement, of following, of holding. She required the discipline of self-knowing, and resulting self-regulation. What would it mean, today, to be mindful—pretty much the very thing we hope parents can do?

3:00 – 5:00 pm · Workshops A1– A5

#### **A1 – Colorism: Another Factor To Consider When Assessing Parent-Child Relationships**

**Marva Lewis, PhD and Kandace Thomas, MPP**

Colorism – the phenomena of valuing lighter skin tones while denigrating darker skin tones – is a form of world wide social hierarchy. In the United States, Colorism is particularly relevant in assessing African American parent-child relationships because it may be an unrecognized factor of acceptance or rejection of the child based on skin color. In this workshop we first discuss the global prevalence of colorism and discuss how colorism is 'passed down' in families using a Intergenerational Trauma Transmission conceptual model. We then present the use of the Family Colorgram, a clinical and

research tool for analysis of skin tone associated with societal and interpersonal markers of success across generations within families of color across different socioeconomic groups. This workshop will empower interventionist to consider the role of Colorism in parent-child relationships as well as empower interventionist to use the Family Colorgram as a tool for clinical assessment.

*Levels:* All levels

*Format:* Information sharing

*Areas of competency:* Family relationships & dynamics and cultural competence

#### **A2 – Researching the Reflective Partnership: The Reflective Interaction Observation Scale (RIOS)**

**Christopher Watson, PhD, IMH-E® (IV)**

A national group of infant mental health practitioners and researchers has contributed to the development of the Reflective Interaction Observation Scale (RIOS) to define, operationalize and measure dyadic interactions in reflective supervision/consultation. In this presentation participants will explore the theoretical foundations of reflective supervision and the characteristics that make it a unique and powerful form of professional development. In addition to learning about the structure and components of the RIOS, participants will view and discuss video clips from reflective supervision sessions that demonstrate the Five Essential Elements and five Collaborative Tasks of reflective supervision as identified by the RIOS.

*Levels:* Intermediate Level (Infant Family Specialist, II & Infant Mental Health Specialist, III) and Advanced Level (Infant Mental Health Specialist, III & Infant Mental Health Mentor, IV)

*Format:* Information sharing, Research/evaluation

*Areas of competency:* Research & evaluation and reflective supervision

#### **A3 – Emerging Severe Mood Disregulation in Very Young Children and How Therapist Can Work with Parents and Other Professionals in a Mindfulness Framework**

**Ira Glovinsky, PhD and Kathryn Sims, MA, LMSW, IMH-E® (IV-C)**

Very little has been found in the early childhood literature on the emergence of severe mood disorders (SMD) in infants and toddlers. The emergence of SMD will be described, and intervention approaches that can be integrated in to work with parents and teachers will be discussed using a mindfulness paradigm.

*Levels:* Introductory Level (Infant Family Associate, I & Infant Family Specialist, II) and Intermediate Level (Infant Family Specialist, II & Infant Mental Health Specialist, III)

*Format:* Case presentation, Information sharing, Other

*Areas of competency:* Development and behavior and relationship-based and therapeutic practice

#### **A4 – Where's Daddy Now?**

**Amy L. Dorow, BSW**

Improving relationships with fathers when working with infants/toddlers. Participants will have the opportunity to identify personal and professional barriers to working with fathers. We will explore techniques for engaging and maintaining working relationships with fathers within the infant mental health model. A panel of fathers will be available for questions and facilitated discussion

*Levels:* Introductory Level (Infant Family Associate, I & Infant Family Specialist, II)

*Format:* Interactive, Case presentation, Information sharing, Other

*Areas of competency:* Early parenthood and family relationships and dynamics



**A5 – Embracing IMH Strategies in Rural/Geographically Isolated Areas**

**Leslie Griffith, LMSW, ACSW, IMH-E® (IV-C), Melissa Copenhaver, MS, RN-C, LMSW, CNE, IMH-E® (III), and Beth Hellman, LMSW, IMH-E® (II)**

This workshop will discuss work of IMH practioners in a rural setting. It will primarily focus on a different idea of diversity – that of living in an area where resources are limited, a limited number of IMH practioners are available and the IMH staff fill many roles.

*Levels:* Introductory Level(Infant Family Associate, I & Infant Family Specialist, II) and Intermediate Level (Infant Family Specialist, II & Infant Mental Health Specialist, III)

*Format:* Interactive, Case presentation, Information sharing

*Areas of competency:* Cultural competence

**6:00 – 7:00 pm · President’s Reception**

Enjoy hors d’oeuvres with a cash bar and live music while you greet old friends and meet new ones.

**7:00 pm · 40<sup>th</sup> Anniversary Celebratory Awards Banquet**

Following the President’s Reception, there will be a celebratory dinner to honor MI-AIMH’s 40<sup>th</sup> Anniversary! We invite you to enjoy dinner, music, and birthday cake with special invited guests and colleagues. Additionally, we will be honoring Katherine Rosenblum, PhD, IMH-E® (IV-C/R/F), and Maria Muzik, MD, MS as the recipients of the Betty Tableman Award.

There is a nominal \$25.00 fee to attend this event that will include a plated dinner.

Please be sure to indicate that you would like to attend when registering for the Conference. Additional guest tickets are \$45.00. If you decide to bring a guest after you’ve completed registration, please contact MI-AIMH directly at [miaimh.training@gmail.com](mailto:miaimh.training@gmail.com) or 734.785.7705 ext. 7824 with the number of additional guest tickets you’d like to purchase.

**Monday, May 8**

**8:35 – 10:00 am · Keynote Address**

***Translating Culturally Valid Research into Evidence-Based Community Interventions: Successful Steps Along the Nappy-Haired Road***

**Marva Lewis, PhD**

What will be presented is the development of culturally valid tools and interventions for work with African American parents and young children, including Latina mothers, fathers, and other caregivers. The programs titled, Talk, Touch & Listen While Combing Hair®, The programs enhance parental self-efficacy, emotion recognition, conflict resolution, and social support among parent peers. All programs are designed to complement existing community services which can then be sustained by the partner agency.

**10:30 – 12:30 pm · Workshops B1 – B5**

**B1 – Mindfulness, the Work in the Kitchen, and the Emergence of Narrative**

**Michael Trout, MA**

What are the therapeutic practice implications of the emphasis in Mr. Trout’s keynote on mindfulness? What happens, in the kitchen, when the goals of connection (the parent’s connection to the child, and ours to the parent) are met through our own disciplined presence, our attunement, our commitment to following and holding? We will focus on one small but significant aspect of intervention—the parent’s discovery of his/her own narrative, and the parent’s increased capacity to mentalize the child and to imagine the child’s evolving narratives—as a means of examining what might emerge as a result of such focus on mindfulness.

*Levels:* All levels

*Format:* Information Sharing

*Areas of competency:* Relationship-based therapeutic practice and parent-infant/young child relationship-based therapies & practices

**B2 – The Intergenerational Passage of Trauma: Historical Trauma, Parenting, and Healing**

**Aimee Cisler, LMSW**

This workshop will provide a basic framework of historical trauma, with a focus on the Native American community, and the impacts on parents and children today. Through videos, exercises, and discussion, we will explore the intergenerational passage of community trauma and unresolved grief and opportunities for individual and familial healing.

*Levels:* Introductory Level (Infant Family Associate, I & Infant Family Specialist, II) and Intermediate Level (Infant Family Specialist, II & Infant Mental Health Specialist, III)

*Format:* Interactive, Information sharing

*Areas of competency:* Family relationships and dynamics, attachment and cultural competence

**B3 – Mind-Body Skills and Affect Regulation: Powerful Tools For Building Self-Reflective Capacity**

**Melisa Schuster, LMSW, CAADC**

Participants will gain the knowledge and skills needed to utilize mind-body skills in their work with parents in building self-reflective capacity. Participants will have the opportunity to experience mind-body skills, to learn the steps in teaching clients how to use these skills, and to practice teaching these skills to one another.

*Levels:* Intermediate Level (Infant Family Specialist, II & Infant Mental Health Specialist, III) and Advanced Level (Infant Mental Health Specialist, III & Infant Mental Health Mentor, IV)

*Format:* Interactive

*Areas of competency:* Relationship-based and therapeutic practice and psychotherapeutic and behavioral theories of change

**B4 – Reflective Supervision and Infant Mental Health Practice with Infants and Toddlers in Foster Care and their Families: Findings from a Pilot Study**

**Sarah Shea, PhD, LMSW, IMH-E® (IV)**

This workshop describes findings from a pilot study with community mental health IMH specialists and their supervisors about their reflective supervision experiences specific to foster care cases. Participants will explore the unique parallel process that emerges in clinical IMH practice with infants and toddlers in foster care and their families.

*Levels:* Advanced level (IMH Specialist, III & Infant Mental Health Mentor IV)

*Format:* Interactive, Research/evaluation

*Areas of competency:* Reflective clinical supervision and emotional response

**B5 – Meeting the Diverse Needs of Young Children (3 to 6) and Thier Families: The Integration of Relational Play Therapy into IMH Treatment Services**

**Jennifer Farley, PhD, LMSW, RPT-S,**

This workshop will explore practice recommendations based on a mixed-method program evaluation of a community mental health parent-young child program. Maintaining an infant mental health treatment approach and a family-centered philosophy, clinicians integrated relational play therapy to tailor services and meet the complex and diverse needs of at-risk families.

*Levels:* Intermediate Level (Infant Family Specialist, II & Infant Mental Health Specialist, III) and Advanced Level (Infant Mental Health Specialist, III & Infant Mental Health Mentor, IV)

*Format:* Research/evaluation, Other

*Areas of competency:* Family-centered practice and relationship-based and therapeutic practice

**1:00 – 2:00 pm · Policy Luncheon**

**Disparities in Infant Mortality: Community Partnerships to Close the Gap**

**Featuring: Aaron Lane-Davies, MD, FAAP**

The luncheon will feature a panel discussion, moderated by Ann Kalass and Marijata Daniel-Echols, PhD, exploring community efforts to eliminate infant mortality disparity.

The Policy Luncheon will be open to all conference participants. There is a nominal \$20 charge for those choosing to attend this lunch. The charge includes an additional 1.0 CEU and a boxed lunch. Due to capacity, the first 225 people to register will be admitted.

**2:30 – 4:30 pm · Workshops C1 – C5**

**C1 – Honoring Diversity: Essential Steps to Culturally Informed Practice**

**Kathleen Baltman, MA, IMH-E® (IV) and Karol Wilson, LMSW, IMH-E® (IV-C)**

Through guided interaction, including case material, workshop participants will examine the ongoing process of using self-awareness as a core component of diversity-informed Infant Mental Health services. We will discuss strategies to assist us in acknowledging, confronting, and honoring differences in all people, and explore ways to actively support our commonalities.

*Levels:* All levels

*Format:* Interactive, Information sharing, Other

*Areas of competency:* Building and maintaining relationships and contemplation

**C2 – Integration of “The Whole-Brain Child” in Our Infant Mental Health and Early Childhood Home Visiting Program**

**Kelly Sipotz, LMSW, MS, IMH-E® (III), LaCretia Davis, IMH-E® (II), Dani Deveson, Kate Hanson, Amber Keeler, and Kristin Mandrink**

This workshop will discuss D. Siegel and T. Bryson’s books “The Whole-Brain Child 12 Revolutionary Strategies to Nurture Your Child’s Developing Mind” and our integration of the book into our IMH relationship based approach. We will share strategies and concepts from the book and use case examples to enrich the discussion.

*Levels:* Introductory Level (Infant Family Associate, I & Infant Family Specialist, II) and Intermediate Level (Infant Family Specialist, II & Infant Mental Health Specialist, III)

*Format:* Interactive, Case presentation, Information sharing

*Areas of competency:* Development and behavior and relationship-based and therapeutic practice

**C3 – A New Frontier in Criminal Justice: A Trauma Informed Collaborative Pilot Project for Non-violent Offending Parents and Their 0-5 Year Olds**

**Keri Schumacher LMSW, Marcy Safyer, PhD, LCSWR, and Sheryl Anania, Esq.**

Closer to the Crib (CTTC) is a collaboration between the Nassau County District Attorney and the Adelphi University Institute for Parenting. It is a 12-18 month intervention/prevention program designed to reduce recidivism of non-violent criminal offenders and support positive developmental outcomes in their pre-natal to five year old children.

*Levels:* Advanced Level (Infant Mental Health Specialist, III & Infant Mental Health Mentor, IV)

*Format:* Interactive, Case presentation, Information sharing

*Areas of competency:* Attachment and screening & assessment

**C4 – Tuning Into the Internal Observer: What's mine, what's yours?**

**Kristyn Driver, MSW, LMSW, IMH-E® (III), Danielle Davey, MSW, LLMSW, IMH-E® (II), and Vickie Novell, MSW, LMSW, IMH-E® (IV-C)**

This workshop will explore the awareness of “self as a cultural being” and how this informs our work during the assessment phase and also throughout the supervisory relationship. Concepts of attunement, countertransference, and “mindsight” will be reflected on through the lens of mindfulness and diversity.

*Levels:* Intermediate Level (Infant Family Specialist, II & Infant Mental Health Specialist, III) and Advanced Level (Infant Mental Health Specialist, III & Infant Mental Health Mentor, IV)

*Format:* Interactive, Case presentation, Information sharing

*Areas of competency:* Screening and assessment and self awareness

**C5 – Mindfulness: Full Spectrum Consciousness**

**William M. Schafer, PhD, IMH-E® (IV)**

Bill’s presentation will draw from his own learning path through his early training and later life experiences to highlight his uniquely personal view that mindfulness is often misunderstood to be a procedure of rigorous mental reflection rather than an embodied process unfolding over time between several individuals. The second half of the workshop will be experiential, offering those in attendance the opportunity to practice the ideas presented in the first half.

*Levels:* All levels

*Format:* Information sharing

*Areas of competency:* Observation and listening and reflective supervision



4:45 – 6:00 pm · Melissa Kaplan-Estrin Student Poster Session & Next Gen Networking Event

You will have the opportunity to browse the student posters and converse with new researchers studying infants, toddlers and families and examine their project outcomes. At the same time, you will have the opportunity to connect with the “next generation” of leaders in the field. Light appetizers and cash bar will be available. At the conclusion of the event, we will be raffling off gifts that will be helpful to any practitioner working with infants, toddlers and their families. Next Gen attendees who have been in the field of IMH for less than 5-years will receive two raffle tickets; all other attendees will receive one raffle ticket. We hope you will join us for a fun way to connect with our student researchers and colleagues in the field!

7:15 pm · Metro Detroit Association for Infant Mental Health Presents: MI-AIMH Goes to the Movies – *Life of Pi*

*Running Time: 127 minutes*

*Life of Pi* is a 2012 American survival drama film based on Yann Martel's 2001 novel of the same name. The storyline revolves around an Indian man named "Pi" Patel, telling a novelist about his life story, and how at 16 he survives a shipwreck in which his family dies, and is adrift in the Pacific Ocean on a lifeboat with a Bengal tiger. Plan for a discussion moderated by Dr. William Schafer to take place.

Tuesday, May 9

7:30 – 8:15 am · MI-AIMH Annual Meeting – Members only

Please join MI-AIMH's Board of Directors, Statewide Liaisons, Committee Chairpersons and Central Office Staff at our 2017 Annual Membership Meeting for updates on MI-AIMH's many areas of focus and amazing accomplishments since our last meeting. A light breakfast will be provided. We look forward to as many people participating as possible! This free event is open to MI-AIMH members only; registration for this event will be separate from Conference registration. Stay tuned for an email about this event from MI-AIMH Central Office.

8:45 – 10:15 am · The Gregory A. Proulx, PhD Plenary Address

***Intentional Practice for Change: Mindfulness supports Diversity, Inclusion and Equity Practice in Partnership with the Diversity-Informed Infant Mental Health Tenets***

**Kandace Thomas, MPP**

Similar to and enhanced by the practice of mindfulness, it takes personal commitment, conscious effort, and intentional resource allocation to implement diversity, inclusion and equity principles into our spheres of practice. In a society in which markers of difference including race, class, gender, sexual orientation, ability and immigration status are fraught with conflict, chances are if diversity and inclusion are not addressed deliberately historical injustices will continue to be played out in present day experiences.

Mindfulness moves us from automation and supports present moment awareness and intentional action. Mindfulness is a partner to the Diversity-Informed Infant Mental Health Tenets (Tenets), a set of guiding principles that support individuals, organizationxs and systems of care working toward inclusive practice. Taken together, mindfulness and the Tenets support our self-knowledge, reflective practice and intentional action on our quest to supporting diversity, inclusion and equity practice in our work with infants and toddlers. This presentation will link intentional action and self-awareness in support for diversity, inclusion and equitable practice.

10:45 – 12:45 pm · Workshops D1 – D5

**D1 – Tackling the Tough Stuff: Supporting Families at Risk**

**Angela Tomlin, PhD, HSPP, IMH-E® (IV-C) and Stephan Viehweg, LCSW, ACSW, IMH-E® (IV-P)**

PAUSE, a framework for blending relationship-based and reflective practice skills will be presented. Participants will evaluate their own reflective skills and compare their relationship-based skills with best practices. Using vignettes, participants will practice applying the framework to build their skills to support families with difficult behaviors in very young children.

*Levels:* Introductory Level (Infant Family Associate, I & Infant Family Specialist, II)

*Format:* Interactive, Case presentation

*Areas of competency:* Family-centered practice and building and maintaining relationships

**D2 – Being Deliberate About Diversity: Courageous Conversations in Reflective Supervision**

**Carla Barron, LMSW, IMH-E® (IV-C), Rebecca Dorn Wheeler, LMSW, IMH-E® (III), Karol Wilson, LMSW, IMH-E® (IV-C), Isabel Ramirez-Crudo, IMH-E® (III), and Syreeta Farria, IMH-E® (II)**

Considering the impact of diversity on therapeutic relationships within IMH treatment is essential and is rarely discussed in the supervisory relationship. This session will highlight, through the lived experiences of supervisors and supervisees, how diversity was both a barrier and benefit in supervision.

*Levels:* Intermediate Level (Infant Family Specialist, II & Infant Mental Health Specialist, III) and Advanced Level (Infant Mental Health Specialist, III & Infant Mental Health Mentor, IV)

*Format:* Interactive, Information sharing, Other

*Areas of competency:* Cultural competence and reflective clinical supervision

**D3 – Using a Trauma-Informed Approach in Early Care and Education Settings**

**Karen Anthony, IMH-E® (II) and Jennifer Champagne, PhD, IMH-E® (II)**

We will discuss how trauma impacts early development and what we can do in early care and education settings to promote mental health and wellbeing of children and adults. We will identify 5 healing gestures and 5 critical classroom practices that support social emotional competence of all children. We will explore how to address challenges, barriers and opportunities for strong partnerships with families.

*Levels:* Introductory Level (Infant Family Associate, I & Infant Family Specialist, II)

*Format:* Interactive, Information sharing

*Areas of competency:* Development and behavior and developmental guidance

**D4 – Self-care and the Mindfulness of theTherapist: Silencing Your Inner Critic**

**Andrea Rodgers LLP, IMH-E® (III), Poshale Russell, IMH-E® (III), and Stephanie Hill, IMH-E® (III)**

This session is for the therapist who can struggle with being their own biggest adversary in the therapeutic process can be their own inner critic. The inner critic is that feeling that gives question to the therapist capacity and ability while with the client. This inner critic is no stranger to the novice or seasoned therapist.

*Levels:* Advanced Level (Infant Mental Health Specialist, III & Infant Mental Health Mentor, IV)

*Format:* Interactive, Information sharing

*Areas of competency:* Cultural competence and reflective clinical supervision

**D5 – Collaborative Conversations about Endorsement® and Diversity**

**Ashley McCormick, LMSW, IMH-E® (III), Nichole Paradis, LMSW, IMH-E® (IV-C),  
Faith Eidson, LMSW, IMH-E® (IV-C), and Priscilla Tait, MS, RN, CMH, IMH-E® (IV-C)**

This workshop provides a space for collaborative learning, leadership development, and reflection about IMH Endorsement®, with a focus on diversity. Participants will be invited to ask questions, and share challenges. Staff, and Endorsement® Committee members will answer questions and receive feedback for use in on-going refinement of the process.

*Levels:* Advanced Level (Infant Mental Health Specialist, III & Infant Mental Health Mentor, IV)

*Format:* Interactive, Information sharing

*Areas of competency:* Cultural competence and reflective clinical supervision

12:45 – 2:15 pm · Break

*Lunch on your own – The conference center has a variety of restaurant options for your convenience. There are also many options within walking distance in downtown Kalamazoo.*

2:15 – 4:15 pm · Workshops E1 – E5

**E1 – IMH and the Court System: Providing IMH Services in the Context of the Challenging Child Welfare System**

**Amy Delira, LLMSW, IMH-E® (III), Genie Lewis, MSW, LMSW, IMH-E® (III), Kate Fox, LMSW, IMH-E® (III), CD (DONA), Lisa Valez, LMSW, ACSW, IMH-E® (IV), and Megan Schmelzer, LMSW, IMH-E® (III)**

This workshop will provide Infant Mental Health clinicians an opportunity to explore and reflect on their role in relation to others involved in child welfare system, as well as how to create and maintain an effective voice for the Baby.

*Levels:* All levels

*Format:* Interactive

*Areas of competency:* Adult learning theory and professional development

**E2 – Keeping the Therapist in Mind: Examing Diverstiy in the Reflective Process**

**Kristina D. Figaro, LMSW, IMH-E® (III), Kassandra Maple, LLMSW, IMH-E® (II), and Chy’Leetzia Johnson, MA, LPC, IMH-E® (III)**

Through a case presentation, a live supervision, and open discussion, participants will be encouraged to reflect upon their professional use of self and its influence on culturally informed practice. We will unpack essential components within reflective supervision as a means to analyze the complexities of diversity while maintaining authentic relationships.

*Levels:* All levels

*Format:* Interactive, Case presentation, Information sharing, Other

*Areas of competency:* Family-centered practice and reflective clinical supervision

**E3 – The Paradox of Maternal/Infant Health, Domestic Violence, and Immigration Policies among Latino Families**

**Leyla M. Flores, MA, LMSW**

This workshop is divided into three interconnected themes: Current data regarding maternal/infant health among Latinos; domestic violence from an IMH and Latina/feminist perspective; and the implications of current immigration policies for children’s development in undocumented families. This will be an interactive presentation that will use breathing and yoga exercises as well as traditional songs and poetry.

*Levels:* Introductory Level (Infant Family Associate, I & Infant Family Specialist, II)

*Format:* Interactive, Information Sharing

*Areas of competency:* Separation and loss and cultural competence

**E4 – Collaborative Evaluation: Providers, Consumers, & Evaluators Working Together to Build an Evidence Base for IMH Practice**

**Rachel Waddell, LMSW, Emily Alfafara, BA, Rameya Shanmugavelayutham, LLMSW, Katherine Rosenblum, PhD, IMH-E® (IV-C/R/F), and Maria Muzik, MD, MS**

This workshop will offer participants valuable information and updates on the collaborative process for the Infant Mental Health Home-Visiting Evaluation Studies (Study 1 & Study 2). Presenters will share preliminary findings and next steps for the current evaluation.

*Levels:* Introductory Level (Infant Family Associate, I & Infant Family Specialist, II)

*Format:* Research/evaluation, Information sharing

*Areas of competency:* Relationship-based and therapeutic practice and research and evaluation

**E5 – Me at Three: Developmental Diversity and Mindful Caregiving for LGBTQ Toddlers**

**Pam Schuen, MA, LLP, IMH-E® (IV-C) and Israel Seraphim**

How do toddlers and their caregivers develop awareness of orientation? We will present a personal narrative of early awareness and formation of lesbian identity. We will consider how mindful caregiving for diverse toddlers can support their development as LGBTQ individuals.

*Levels:* Introductory Level (Infant Family Associate, I & Infant Family Specialist, II) and Intermediate Level (Infant Family Specialist, II & Infant Mental Health Specialist, III)

*Format:* Interactive, Case presentation, Information sharing

*Areas of competency:* Development and behavior and self-awareness

# Conference Faculty

**Emily Alfafara, BA**

University of Michigan, Department of Psychiatry,  
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**Sheryl Anania, Esq**

Nassau County Distric Attorney, Mineola, NY

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**Carla Barron, IMH-E® (IV-C)**

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Starfish Family Services, Inkster, MI



# General Information

## Location

All sessions are held under one roof at Radisson Plaza Hotel at Kalamazoo Center at 100 West Michigan Avenue, Kalamazoo, MI 49007

## Lodging

A block of reservations has been made for conference participants at the Radisson Plaza Hotel. **The room block is available until April 17th, 2017** OR until the room block fills, whichever occurs first. Therefore, please book your room early.

### Radisson Plaza Hotel at Kalamazoo Center

100 West Michigan Avenue  
Kalamazoo, MI 49007  
269-343-3333  
Single/Double: \$125 per night; Triple: \$135 per night; Quad: \$145 per night

### Two ways to make reservation:

- **Call** 269-343-3333 between the hours of 8:00 am - 5:00 pm on weekdays. Ask for the *MI-AIMH Annual Conference or Michigan Association for Infant Mental Health MI-AIMH* rates.
- **Online** [www.radissonkz.com](http://www.radissonkz.com)
  - Enter dates within May 6 – May 10, 2017  
(reservation dates must be within May 6 – 10, 2017 or code will not work).
  - Click ‘More Search Options’ and enter code **AIMH17**
  - Click Search and available rooms will appear.

Reduced self parking for hotel guests \$10/day/per vehicle

Additional lodging options offering a range of rates and services can be found at <http://www.discoverkalamazoo.com/stay/>

## Transportation

**Amtrak** – Check schedule.  
[http://www.amtrak.com/servlet/ContentServer?pagename=am/am2Station/Station\\_Page&code=KAL](http://www.amtrak.com/servlet/ContentServer?pagename=am/am2Station/Station_Page&code=KAL)

**Kalamazoo/Battle Creek International Airport** is served by Delta and American Airlines.  
<http://azoairport.com/flight-info/airline-internet/>

*“MI-AIMH is like a great meeting for the communal mind and food for my soul. I see mentors and old friends. I look forward to it from the day after the last one until the next.”*

— Comment from 2015 conference survey

## Local Transportation:

<b>B &amp; W Charters</b> 1123 Kings Highway Kalamazoo, MI 49001 Phone: (269) 345-4222	<b>Checker Cab/Yellow Cab</b> 437 West North Kalamazoo, MI 49007 Phone: (269) 345-0177	<b>Hertz Rent-A-Car</b> 5235 Portage Road Portage, MI 49002 Phone: (269) 382-4903
<b>Budget Rent-A-Car</b> 5235 Portage Road Portage, MI 49002 Phone: (269) 381-0617	<b>Enterprise Rent-A-Car</b> Stadium Drive Kalamazoo, MI 49008 Phone: (269) 372-2815	<b>Metro Transit</b> Kalamazoo, MI 49001 Phone: (269) 337-8201
<b>Central City Transportation</b> 3638 Miller Road Kalamazoo, MI 49001 Phone: (269) 762-7262	<b>Executive Car Service</b> 5340 Ivanhoe Court Portage, MI 49002 Phone: (269) 342-5800	<b>National Car Rental</b> 5235 Portage Road Portage, MI 49002 Phone: (269) 382-2820

For local events and attractions please check out the **Kalamazoo County Convention and Visitors Bureau** at <http://www.discoverkalamazoo.com/>

**Parking** – For Radisson hotel guests – Parking will be handled at the front desk when guests check in. Self-parking for hotel guests is \$10/day/per vehicle.

Event attendees can park at the Radisson ramp. Attendees must take a ticket upon entering the ramp. When event attendees check-in to the conference they will receive a white ticket. If an attendee is parking their vehicle for longer than five hours, then the white ticket discounts the parking fee to \$10 for the day.

### Upon departure:

IF GUEST IS PAYING WITH CASH: Please pay at the pay station located inside of the Hotel right next to the sky walk on the second level.

IF GUEST IS PAYING WITH CARD: Guest can use the pay station inside of the Hotel, or at the departure gate in the parking ramp.

*To depart* - scan the ticket received at the registration desk, followed by the ticket received when entering the ramp.  
Each time a car leaves, they will need to get new tickets.  
For vehicles parked in the ramp less than 5 hours, it would be more expensive to use the white ticket. Other parking options are available in the downtown area. A parking map is can be found at <http://www.downtownkalamazoo.org/DKI/media/Parking-Media-Lib/2014-Parking-Map-v.2.pdf>.

**Specialized Services** – The Radisson Plaza Hotel at Kalamazoo Center is a physically accessible facility. If you have individual requirements or need special services to participate in this conference, please contact Hannah Wong at [hannah.wong@specialdevents.com](mailto:hannah.wong@specialdevents.com), 248-336-8616. Requests must be arranged within two weeks of the conference.

## Meals

The conference fee includes the following meals:

- Light appetizers at the President’s Reception on Sunday, along with cash bar
- Plated dinner at 40<sup>th</sup> Anniversary Celebratory Banquet – this requires an additional \$25.00 fee

- Boxed lunch at Policy Luncheon – this requires an additional \$20.00 fee
- Light appetizers at the Melissa Kaplan-Estrin Student Posters & Next Gen Networking Event
- Light refreshments before keynote presentations on Monday and Tuesday

You must reserve tickets for meals by checking the attendance boxes online or on the registration form. Indicate any dietary restrictions or allergies when registering online or on the registration form; efforts will be made to accommodate you.

Four specialty restaurants are available on-site – Burdick's For Breakfast, Zazios, Webster's Prime Steak House, and Old Burdick's Bar and Grill Room. In addition, the conference venue is located in downtown Kalamazoo, within walking distance of many restaurants and shops.

### Children at the Conference

While we certainly want to welcome you to bring your infant if you feel that is the best decision for you and your family, please be mindful that a majority of the conference is spent in keynote and workshop presentations and that childcare facilities are not available nor can we guarantee that child friendly spaces will be available. We ask that you consider your own baby, his/her temperament and whether he/she will be content at the Conference given the facilities. To be considerate of others, we will ask you to excuse yourself from a session if your baby is interfering with someone else's ability to learn. Additionally, there will be a lactation room available for use. When you need to use this space, please see the staff at the information desks; they will have keys available.

### Continuing Education

Continuing Education Credits are offered for this conference. Participants must arrive on time and remain in the training for its entirety (including Q&A) to receive continuing education credits. Late arrivals and early departures will result in the deduction of awarded credits. You must have your license number with you to check-in

**Sunday has 3.5 credits available; Monday has 6.5 credits available; Tuesday has 5.5 credits available.**

**Social Workers:** 15.5 Continuing Education Credits are pending for this training.

**SCECHs:** 5 – 15 State Continuing Education Clock Hours (SCECHs) are available for eligible participants; approval pending. To become eligible to receive SCECHs, full attendance and compliance with all attendance procedures are mandatory, including completion of the post-event survey.

**Endorsement®:** All sessions at this Conference count toward the specialized in-service training requirement to earn or renew Endorsement for Culturally Sensitive, Relationship-focused Practice Promoting Infant Mental Health. In-service hours are counted by clock hour. Endorsement® applicants need a minimum of 30-hours of specialized in-service training to apply for Endorsement® and a minimum of 15-hours annually to renew Endorsement®.

**MI-AIMH Membership:** As a member of MI-AIMH, you join a network of people who are concerned about infants, toddlers and their families, and who support pro-child policies, programs and legislation. You will benefit from a reduced rate to the biennial conference and other competency-based trainings. Your membership assures that MI-AIMH will continue to offer professional development opportunities and learning materials to positively affect the quality of care and service to Michigan's youngest citizens and their families. To become a member (and qualify for member rate), please go to <https://my.mi-aimh.org/> and select "Create Profile." You will need to make note of your membership ID for use during the Conference registration process. Your membership ID can be found right above your membership type, membership expiration date and local chapter. If you have any questions about purchasing or renewing your membership contact Ashley McCormick at [asmccormick@mi-aimh.org](mailto:asmccormick@mi-aimh.org). Please note, conference participants can no longer purchase or renew membership on the conference registration form.

*"Self-Awareness Leads to Better Services for Families: Professionals in the field of infant mental health must reflect on their own culture, personal values, and beliefs, and on the impact racism, classism, sexism, able-ism, homophobia, xenophobia, and other systems of oppression have had on their lives in order to provide diversity-informed, culturally attuned services on behalf of infants, toddlers, and their families."*

— Diversity-Informed Infant Mental Health Tenets," Irving Harris Foundation, 2012





# Registration

Pre-registration is required by Friday, April 21, to attend this conference. If you are not pre-registered, you will be considered a walk-in and will need to pay for the conference in full upon arrival. Walk-ins are not guaranteed training materials or their preferred choice of workshops. Please add: Contact Laura Sheldon with any questions related to registration or payment at 734.785.7705, ext. 7824 or email at [miaimh.training@gmail.com](mailto:miaimh.training@gmail.com).

**Register Now!** The first 500 people to register will receive a complimentary copy of Michael Trout’s book, *Baby Verses: The Narrative Poetry of Infants and Toddlers*

**Fees** – Conference registration fees (per person) are listed below:

**\*Early Bird rates deadline is April 7, 2017. Registrations received April 8th or later are subject to the regular conference rates.**

	Total Conf.	Sunday Only	Monday Only	Tuesday Only
MI-AIMH Members	<b>\$225*</b> / \$235	<b>\$105*</b> / \$110	<b>\$105*</b> / \$110	<b>\$105*</b> / \$110
Non-Member Attendees	<b>\$325*</b> / \$380	<b>\$150*</b> / \$160	<b>\$150*</b> / \$160	<b>\$150*</b> / \$160
Students (valid ID required)	\$ 60	\$ 35	\$ 35	\$ 35
40 <sup>th</sup> Anniversary Celebratory Banquet		\$ 25		
Policy Luncheon			\$ 20	

*Conference registration fees include:*

- Presentations provided by leaders in the infant mental health field across the country
- Training materials
- Admission to certain special events:
  - President’s Reception
  - Networking & Student Poster Event
  - Movie Night
- Refreshment breaks
- The Certificate of Attendance will document training hours for the following:
  - Continuing education credits approved for this conference
  - Training hours toward MI-AIMH Endorsement
  - Child-focused training requirement for Children’s Mental Health Professionals by The Michigan Department of Community Health (MDCH)

## Payment Options:

- Online Credit Cards accepted – Visa, MasterCard, Discover and AMEX
- Ability to choose to pay by Check or Invoice – see below for instructions on checks and money orders.

*Checks, Money Orders, and Group Payments*

- All fees made payable to MI-AIMH
- Mail to MI-AIMH, Laura Sheldon, 13101 Allen Rd., Southgate, MI 48195
- Include name(s) of attendees that the payment is covering.

\* All payments must be received prior to the conference. If your payment has not been received, participants will be required to provide payment in full on-site prior to entering the conference. It is the responsibility of the participant to ensure payment is received.

## Scholarships:

MI-AIMH has designated funds for a limited number of scholarships to attend this conference. Funds will be awarded for amounts up to the full conference fee. The Scholarship Committee will review all applications (enclosed) postmarked by Friday, March 24, 2017. Please mail or fax the application form found on page 30 in this booklet. Scholarships will be awarded by Monday, April 17, 2017, and a letter will be faxed/ emailed to you. The letter will include a coupon code to be used for registration payment purposes.

If you plan to attend additional events with associated fees, you will be expected to cover those costs. The scholarship will only cover the conference fee. If you choose to register for the conference before scholarships are awarded, select "check/invoice" as your payment method. If your scholarship application is not approved, you will be responsible for your conference fees.

It is important to bring your acceptance letter with you to check in at the conference. All Scholarship Committee decisions are final; there is no appeal process for decisions made on awarding scholarships.

Scholarship recipients will be required to volunteer for a portion of the conference. Failure to participate in your assigned volunteer responsibilities will result in your scholarship being rescinded and attendee will be obligated to pay for the conference fee.

## Cancellations/Refunds Policy:

Refund of the registration fee will be granted only to those persons who cancel their registration to the conference in writing by Monday, April 24, 2017, to [miaimh.training@gmail.com](mailto:miaimh.training@gmail.com).

There will be a \$50 cancellation/processing charge. Those who do not appear at the conference, thereby cancelling by default, will not be eligible to receive any refund.





**On-Site Check-In:**

On your first day at the conference, it is important that you check in when you arrive. If you are not pre-registered, you will be considered a walk-in and will need to pay for the conference in full upon arrival. If payment is outstanding, you will need to pay in full in order to enter the conference. Payment options accepted are money order, personal or agency check, credit card (Visa, MasterCard, Discover, and AMEX). Checks should be made out to **MI-AIMH**.

**To Register Online for the Conference:**

*There is only one way in which you can register for this conference*

- Online at <http://mi-aimh.org/event/2017-conference/>

If you need assistance or have questions related to conference registration, please contact Laura Sheldon at (734) 785-7705, ext. 7824 or email [miaimh.training@gmail.com](mailto:miaimh.training@gmail.com).

To register for the conference online please click on the link above and follow these steps:

- If you are already a MI-AIMH member, click on “login” in the upper right-hand corner to log-in (not required).
  - If you do not remember your password, click here: <http://mi-aimh.org/my-account/lost-password/>
- If you are NOT currently a MI-AIMH member, continue through the registration steps.

**NEW - Group Registration**

- You can register for more than one person online and pay for that group with one payment by credit card via PayPal online.
- Once you have entered all the selections for the first registrant, on the shopping cart page, click “continue shopping” and you will be returned to the main conference page to start again.
- You can enter as many registrants as needed
 

**TIP:** Make sure you have ALL of their correct and required information when starting this process.
- When you have completed entering all of your registrants’ information you can continue by clicking “PROCEED TO CHECKOUT”.
- Here you can choose to pay by Check/Invoice or by credit card via PayPal.



## Online Registration Instructions

The event page will have information and details related to the conference. Once you scroll down the page you will see where registration begins. You will be asked a series of questions in order to determine your conference needs:

1

**STEP 1 – Attendee Name and Contact Information**

- Continuing education – Note, social workers and professional counselors will be required to enter their license numbers here
- Cell phone numbers will only be used in an emergency situation

2

**STEP 2 – Attendee Information**

- MI-AIMH Member – When selected, you will be required to enter your membership ID here to receive the discounted conference pricing.
  - Click here to retrieve your Membership ID if needed: <https://my.mi-aimh.org/>
- Current Student – When selected, you will be required to scan and email your current Student ID to [miaimh.training@gmail.com](mailto:miaimh.training@gmail.com) to receive the student conference pricing

3

**STEP 3 – Conference Selections**

- Select the days you will be attending the conference
- Select the additional events you will be attending, if applicable (Note, the Celebratory Banquet and Policy Lunch have an additional fee)

4

**STEP 4 – Workshop Selections**

- Review workshop information in the table (organized by day)
- Select your workshop choice in the dropdown box.
  - When a workshop is full it will be greyed out and indicate “full”
- Click “submit”

5

**STEP 5 – Cart**

- Review your selections
- If you have received a “coupon code” enter it here
- If you need to register additional people, click “continue shopping”
  - This will take you back to the main conference event page to register another person.
  - Follow Steps 1-5 to continue registering additional people.
- When ready click “PROCEED TO CHECKOUT”

6

**STEP 6 – Checkout**

- Complete your billing details
- If you forgot to enter a “coupon code” you can also enter it here
- Select your payment for this conference
  - If payment is NOT received prior to the conference, attendees will be required to pay at the door.
- To complete your registration, you must click the orange “PLACE ORDER” button.

7

**STEP 7 – Order Received**

- This page will display your conference selections and payment information
- You can print this page for your records

There will be two emails automatically sent from the website - one email will be sent to the email address listed in the Billing Information section, one email will be sent to the attendee.



# 2017 Conference Scholarship Application Form

(Please Print)

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_

Agency/Affiliation: \_\_\_\_\_

1. Are you a first time attendee?

☐ Yes ☐ No
2. Are you endorsed by MI-AIMH or an IMH association that is part of the Alliance?

If yes, Level? \_\_\_\_\_

☐ Yes ☐ No
3. Are you currently a MI-AIMH member?

☐ Yes ☐ No
4. Have you received a scholarship previously?

☐ Yes ☐ No
5. Do you work within Community Mental Health?

☐ Yes ☐ No
6. Are you affiliated with any of the Conference sponsors?

☐ Yes ☐ No

If so, please list the sponsor/relationship \_\_\_\_\_

7. Please respond to these questions and attach on a separate sheet:

Why do you need scholarship assistance?

How will you and/or your agency/affiliation benefit from your attendance at the conference?
8. Which day(s) do you plan to attend the conference? (check all that apply)

☐ Sunday, May 7

☐ Monday, May 8

☐ Tuesday, May 9

9. Fax, mail or e-mail completed form and attachments by March 24:

Staci Belanger

Development Centers

17321 Telegraph Rd.

Detroit, MI 48219

[sbelanger@develctrs.org](mailto:sbelanger@develctrs.org)

Fax - 313-255-5681

**NO APPLICATIONS WILL BE ACCEPTED POSTMARKED AFTER MARCH 24.** Scholarships will be awarded by April 17 and a response will be faxed or emailed to you. If approved, please print letter and bring with you to the conference.

**For Scholarship Questions Only** Email: Staci Belanger at [sbelanger@develctrs.org](mailto:sbelanger@develctrs.org)

**The Fraiberg-Tableman Guild contributes to the Scholarship Fund.**





Michigan Association for  
**Infant Mental Health**  
Learning and growing together.